

# HELLO! DO YOU NEED A HELPING HAND?

Barkway Parish Council, Barkway Church, Barkway Chapel, Granta Medical Practices and local Barkway residents have come together to form the **Barkway Hub** to help and support villagers access the help they need.



## DO YOU NEED SUPPORT?

Whether it is obtaining essential items, collecting prescriptions, walking the dog or even just having a friendly chat on the phone, we are here to help.

You will have received a card through your door giving the details of your coordinators, who will live locally to you and will be organising a team of volunteers that also live nearby.

If you need anything at all, please give your coordinator a call or drop them an email.

Or use the Barkway Hub email [assistance@barkway-village.co.uk](mailto:assistance@barkway-village.co.uk)

You can also call **01763 259269**

## WOULD YOU LIKE TO GIVE SUPPORT?

If you'd like to volunteer, please email [assistance@barkway-village.co.uk](mailto:assistance@barkway-village.co.uk)

To keep up with local village news and support, use **Facebook #BarkwayHub**

Sign-up for e-mail updates at [www.barkway-village.org.uk](http://www.barkway-village.org.uk)

**COVID-19** is a new illness that can affect your lungs and airways. It's caused by a virus called Coronavirus. Let's work to prevent the spread. Barkway Hub can offer help within reason and in ways we can also stay safe.

Everyone must stay at home to help stop the spread of coronavirus. You should only leave your home for very limited purposes, such as shopping, one form of exercise, or medical need.

If you should develop symptoms of coronavirus – a high temperature and/or a continuous cough – please **DO NOT** go to a GP surgery, pharmacy or hospital.

For medical information go to [www.111.nhs.uk/covid-19](http://www.111.nhs.uk/covid-19) or dial 111 from your phone if you do not have access online. In a medical emergency dial 999.

You can also call **LATEST GOVERNMENT INFORMATION AND ADVICE**

COVID-19: guidance for households with possible coronavirus infection

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

COVID-19: guidance on social distancing and for vulnerable people

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people>

**Barkway Hub is a neighbourhood volunteering group that has neither legal nor charitable status, and therefore has no liability insurance. As such all volunteers to the Hub, whether acting as a member of the Steering Group, as Coordinators or Volunteers are undertaking this work without payment and in the recognition that they are working entirely at their own risk. In addition, everyone that we offer assistance to accepts that Barkway Hub has no liability to them and is merely putting them in touch with people who can provide them with help at this time. The scheme relies therefore on the trust and goodwill of all Volunteers and Service Users that everyone will respect one another's safety and privacy.**