

Thank you!

We would like to say a massive thank you to all of our patients for their patience and consideration this week. It's been a tough week, but you have all been amazing and accommodating.

We are all living in uncertain times. We are continuously bombarded with information. Decisions about our daily lives are being made by people we haven't even met and we have no idea what we are going to be faced with every morning we wake up.

Unfortunately, some of us already have friends and relatives who have contracted the virus or are self-isolating as a precaution.

Please remember that if you have symptoms of coronavirus – a high temperature or a new, continuous cough - you'll need to stay at home for 7 days. If you live with someone who has symptoms, you'll need to stay at home for 14 days from the day the first person in the home started having symptoms. We need to protect ourselves and others around us.

Some people in our community need a little help in these uncertain times. If you could spare some time to help please email granta.socialnavigator@nhs.net with your contact details.

We continue to be here for our patients whatever happens. Whilst we are having to constantly rethink how we deliver care, our promise to you is that we will do our very best to deliver the best care we possibly can during these unprecedented times.

We are now delivering the vast majority of care remotely – by phone, email and even video calls – and are only seeing people in person if no realistic safe alternative exists. If you need medical advice please contact us either by email capccg.covid19.gmp@nhs.net or call us on 0300 234 5555 (services are available from 8am to 6pm, Monday to Friday).

At this present time, dispensing of repeat medications will continue as usual.

For further information on coronavirus, isolation and how you can stop the spread go to www.nhs.uk/conditions/coronavirus-covid-19/

Stay safe and well.

#teamgranta

20th March 2020